## IBS vs. IBD

The two conditions are both gut-related and can cause serious symptoms, but they are very different.

## **IBS Both IBD** Functional GI disorder • Chronic gut disorders Chronic inflammatory • Similar symptoms Not life-threatening disease • Impair quality of life • Caused by many factors • Can be life-threatening • No genetic component • Manageable, not curable • Caused by inflammation More common • Genetic component Often treated with • Less common Often treated with lifestyle changes surgery