

# Employee Assistance Programs (EAPs)

EAPs provide confidential assistance from caring professionals who can help you cope with difficult situations and find solutions to life's problems.

## The University of Kansas Health System

Call 855-784-2052 or visit [guidanceresources.com](https://guidanceresources.com) and:

- Click REGISTER
- Enter the organization web ID: **health system**

## University of Kansas Medical Center

Call 888-275-1205, option 1 (TDD 800-697-0353) or visit [guidanceresources.com](https://guidanceresources.com)

- Company ID: **SOKEAP**

## The University of Kansas Physicians

Call 888-293-6948 or visit [healthadvocate.com/standard3](https://healthadvocate.com/standard3)

## University of Kansas Graduate Medical Education – Resident Physicians

### Employee Assistance Program

Call 888-275-1205 (option 1) or visit [guidanceresources.com](https://guidanceresources.com)

- Company ID: **SOKEAP**

### Counseling through Student Affairs

[Counseling and Educational Support Services](#) (no cost, confidential counseling and psychiatric services)

- Call 913-588-6580 or [schedule online](#)

### Ombudsman

- In [MedHub](#) on announcement portal or [kumc.edu](https://kumc.edu)

## Regional resource – Turning Point

Call 913-574-0900 or visit [kansashealthsystem.com/turningpoint](https://kansashealthsystem.com/turningpoint)



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