

Inpatient Airborne and Contact Precautions - Donning PPE



Video Available At: <https://bit.ly/TUKHS3>

Perform hand hygiene

1. Rub your **hands** together, covering all surfaces of both **hands**, including between your fingers and up around your fingertips and nails.
2. Rub **hands** together for **30 seconds** to allow your **hands** to completely absorb the product and the **hand sanitizer** to completely dry.

Removal of watches and rings help prevent the spread of microorganisms that may be hidden under them.



Don PAPR machine and belt

1. Attach onto waist with the PAPR machine **towards the back**.
2. Drape hose over shoulder.



Don gown

1. Ensure gown is secured around **neck**, **thumbs**, and **tied in the back**.



Don PAPR hood

1. **Secure the PAPR tubing** to the PAPR hood,
2. then **put on PAPR hood**.
3. **Turn on PAPR**



Don gloves

1. Select gloves making sure that they **fit securely**.
2. Pull them **over the cuffs of your gown** to cover the edges of the gown's sleeves



Inpatient Airborne and Contact Precautions - Doffing PPE

Remember: The outside surfaces of your respirator, gloves, and outside of gown are contaminated.

- Process should be completed after patient care, immediately outside patient room or within anteroom.
- **If any risk of contamination** during removal, immediately **perform hand hygiene** with alcohol-based hand rub for 30 seconds.

Option A - Removal of PPE with gown and gloves separately

Remove gloves

Using **glove in glove technique**:

1. Using a **gloved hand**, **grasp the palm area** of the other gloved hand and peel off first glove.
2. Hold **removed glove in gloved hand**.
3. Slide fingers of **ungloved hand under remaining glove** at wrist and peel off second glove over first glove.



4. **Discard** in waste container.

Remove gown

1. **Tear perforations** on waist and at back of neck.
2. Pull gown away from neck and shoulders, **touching only the inside of the gown**.
3. **Turn inside out** as you remove it **rolling it into a bundle**.



4. **Discard** in waste container.

Option B - Removal of PPE with gown and gloves together

Combined removal of gown and gloves

1. **With gloved hands**, grasp front of gown and break ties around waist and at neck.
2. Pull gown away from neck and shoulders, **touching only the outside of the gown**.
3. **Turn inside out as you remove** it rolling it into a bundle.
4. As you **remove the gown, peel off gloves** at the same time only touching the insides of the gown and gloves with bare hands.



Perform hand hygiene (30 seconds with hand sanitizer)

Remove PAPR hood

1. Pull PAPR hood **off from back to front** and away from face and body.
2. **Detach PAPR hood** and set down in designated area.



Perform hand hygiene (30 seconds with hand sanitizer)

Inpatient Airborne and Contact Precautions - Doffing PPE

- Remove PAPR machine
 1. Disconnect bands from waist and **turn off machine.**
 2. Place machine down in designated area.



DISINFECTION OF PAPR EQUIPMENT

- Perform hand hygiene (30 seconds with hand sanitizer)

- Don gloves
 1. Select gloves making sure that they **fit securely.**



- Disinfect hood
 1. Wipe down **hood** with **purple top wipes** following the **2-minute** appropriate contact time.
 2. **Place on isolation cart** or designated area.
 3. **Label hood** with your name if not done already.
 4. Place labeled hood in designated area.



- Disinfect PAPR
 1. Wipe down **PAPR machine** with **purple top wipes** following the 2-minute appropriate contact time.
 2. **Place on isolation cart** or designated area.



- Disinfect contaminated surfaces outside of room
 1. Wipe down room **door handle** and **flat surface** used to set down PAPR with **purple top wipes** following the 2-minute appropriate contact time.



- Remove gloves - using **glove in glove technique**
 1. Using a **gloved hand**, **grasp the palm area** of the other gloved hand and peel off first gloves. Hold **removed glove in gloved hand.**
 2. Slide fingers of **ungloved hand** **under remaining glove** at wrist and peel off second glove over first glove.



- Perform hand hygiene (30 seconds with hand sanitizer)