

Surgical Patient COVID-19 (Coronavirus) Instructions

SURGERY DATE: _____ CHECK-IN TIME: _____

SURGEON: _____ PROCEDURE: _____

Step 1: Today or Tomorrow

- Call April at 620.820.5505, between 8:30am and 4:30pm (Monday-Friday), to schedule your COVID-19 testing. This test will be performed the day prior to your scheduled procedure.
 - For your COVID-19 test, please arrive at the back surgery entrance, under the awning, at your scheduled time.
 - Upon arrival, remain in your vehicle and call us at 620.820.5505.

- Call Kim at 620.820.5464, between 8am and 2pm (Monday-Friday). Please have all your medical history and medication list with you and be prepared to answer several questions. This call may last 10-15 minutes.

Step 2: Preparing for Your Surgery

- Please continue to self-quarantine at home to protect yourself from others in the community. Avoid contact with others as much as possible prior to surgery.
- Follow social distancing and handwashing guidelines. This also applies to the person who will be bringing you to and from surgery.

Step 3: Day of Surgery

- Follow the "SURGERY" signs leading you to the back of the hospital.
- Park in the designated "SURGERY PATIENTS ONLY" parking spot.
- Please enter door under the awning and a member of our staff will be there to greet you.
- Your caregiver will be given instructions on where to wait, how we will communicate your progress and your post-operative instructions.

Check for the symptoms daily prior to surgery and notify your surgeon if you have any of the following:

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| • Fever of 100.0 F or greater | • Difficulty breathing | • Diarrhea |
| • Chills | • Sore throat | • Headache |
| • Cough | • Flu-like symptoms (muscle pain, body aches) | • New loss of taste or smell |
| • Shortness of breath | | |

← PLEASE SEE REVERSE SIDE →

Eating and Drinking Prior to Surgery

- ◆ Do not eat or drink anything after midnight on the night before your surgery. This includes: gum, mints, candy, ice chips and water. It is OK to brush your teeth.

Medication Instructions Prior to Surgery

Personal Hygiene

- ◆ Cleanliness decreases post-op infections. Take a complete bath/shower using hibiclens or anti-bacterial soap.
- ◆ Make sure your hair is clean.
- ◆ Do not apply makeup, lotions or perfume. Remove nail polish and false nails.
- ◆ Do not wear any jewelry including body piercings.

At Labette Health, a quality outcome and your safety are our first priority. The Surgery Committee and the Medical Executive Committee of the Labette Health Medical Staff has considered all relevant guidelines from the American College of Surgeons, American Society of Anesthesiologists, Association of perioperative Registered Nurses, and the American Hospital Association's Joint Statement: Roadmap for Resuming Elective Surgery after COVID-19 Pandemic.

Regardless of status of any state or local stay-at-home order, please continue to minimize your risk of COVID-19 or other infections before or after surgery. The best way to minimize this risk related to COVID-19 is to practice good social distancing activities and practicing good hand-washing techniques.

Thank you for choosing Labette Health!