



How to use the Amsler grid:

1. Wear any contacts, glasses or reading glasses if you normally use them.
2. Place the grid about 12-15 inches away.
3. Cover one eye.
4. Focus on the center dot with your uncovered eye.
5. Notice in your side vision if the grid lines look straight or appear wavy, blurry, dark or blank.
6. Follow the same steps with your other eye.

For more information

Patients: **913-588-1227** | 844-323-1227

Physicians: **913-588-5862** | 877-588-5862

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