



## Logbook: 1-week BG, Carbs, & Medication

Date		Before Breakfast	2 hrs after eating	Before Lunch	2 hrs after eating	Before Dinner	Before Bed
	Time						
	Blood Sugar						
	Carbs						
	Medication						
	Time						
	Blood Sugar						
	Carbs						
	Medication						
	Time						
	Blood Sugar						
	Carbs						
	Medication						
	Time						
	Blood Sugar						
	Carbs						
	Medication						
	Time						
	Blood Sugar						
	Carbs						
	Medication						
	Time						
	Blood Sugar						
	Carbs						
	Medication						